At Reid Preschool children's health and safety is paramount. High level supervision by qualified staff and a focus on health and safety ensures that children are safe and protected from risk of harm. Opportunities to learn about and practice healthy lifestyles are embedded in the preschool program. These include but are not limited to hand washing, wearing hats outdoors, recycling waste, resident chickens, productive gardens, cooking, and time for relaxation.

Plans are in place and regularly reviewed in case of accident, emergency, and evacuation. These are clearly communicated with families and children.

Incidents are dealt with quickly and appropriately according to Reid Preschool's policy and procedures.